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| Program | Bachelor of science in Public Health | | | |
| Module category | Supportive | | | |
| Module name | Pre-Clinical Module | | | |
| Module Code | PreC-M2103 | | | |
| Module Credit | 08 ECTS & 5cr.hrs | | | |
| Course: Introduction to Nursing Art | Course code: Nurs2102 | ECTS: 2 & 1cr.h | Course: Introduction to Nursing Art | |
| Mode of delivery | Block | | | |
| Student Work Load | Lecture | Tutorial | Group Work | Home Study |
| | 16 hrs | 2 hrs | 5hrs | 11 hrs |
| Course Description: | This course is intended to acquaint students with the holistic approach to patient care and train patients/clients for self-care and perform the nursing process. | | | |
| Course objective:- | At the end of the course the students will be able to: 1. Recognize important social and psychological aspects of patient care and apply principles and concepts of nursing in helping individuals in need of health care. 2. Assist clients/patients, in the performance of those activities contributing to health or its recovery. 3. Train patient/client self-care including rehabilitative care 4. Make nursing assessment, diagnosis, plan, implement and evaluate patient care. | | | |
| Time in week | Contents | Reference | | |
| 1 | Unit 1. Definition of nursing Unit 2. Different types of bed making • Open • Closed | R(2), pp 31 (R2), pp 751 - 755 | 1 | Unit 1. Definition of nursing Unit 2. Different types of bed making • Open • Closed |
| 2 | • Occupied • Anesthetic | R1 pp 636 – 652 | 2 | • Occupied • Anesthetic |
| | • Cardiac • Amputation etc=> discuss & present (G1) | R1 pp 636 – 652 | • Cardiac • Amputation etc=> discuss & present (G1) | R1 pp 636 – 652 |
| 3 | Unit 3. General | R2 pp 704 – 705 | 3 | Unit 3. General |

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| | care of the patient • Bed bath • Tube bath • Back care | R1 pp 653 – 676 | | care of the patient • Bed bath • Tube bath • Back care |
| 4 | • Mouth Care • Giving bed pan, urinal • Perineal care | R2 pp 747 – 748 | 4 | • Mouth Care • Giving bed pan, urinal • Perineal care |
| • Feeding the helpless patient => Discuss & present (G2) | | | • Feeding the helpless patient => Discuss & present (G2) | |
| 5 | Unit 4.Observation and Lab diagnosis of patient • Specimen collection • Taking vital signs | R2 pp 1099 – 1102 R2 pp 424 – 459 | 5 | Unit 4.Observation and Lab diagnosis of patient • Specimen collection • Taking vital signs |
| 6 | Unit 5. Enemas • Cleaning enema • Retention enema • Rectal washout • Insertion of flatus tube | R2 pp 1130 – 1154 | 6 | Unit 5. Enemas • Cleaning enema • Retention enema • Rectal washout • Insertion of flatus tube |
| 7 | Unit 6. Catheterization • Catheterization by plain catheter • Catheterization by indwelling catheter | R2, 1102 – 1115 R2 ,1071 – 1096 R1, pp 770 – 779 | 7 | Unit 6. Catheterization • Catheterization by plain catheter • Catheterization by indwelling catheter |
| 8 | Unit 7 Administration of medication by • Mouth • Intradermal Subcutaneous • Intramuscular | R2, pp 499 – 561 | 8 | Unit 7 Administration of medication by • Mouth • Intradermal Subcutaneous • Intramuscular |

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| | • Intravenous | | | • Intravenous |
| 10 | Unit 8 Pre and post-operative nursing care | | | |
| | Consent • General check up • Immediate post operative care • Breathing and coughing exercises | | | R2 ,619 – 63 |
| | Consent • General check up • Immediate post operative care • Breathing and coughing exercises | | | R2 ,619 – 63 |
| | Consent • General check up • Immediate post operative care • Breathing and coughing exercises | | | R2 ,619 – 63 |
| | Consent • General check up • Immediate post operative care • Breathing and coughing exercises | | | R2 ,619 – 63 |
| 17 th | Final exam | | | |
| Summary of teaching learning methods | The course will be delivered in the form of: - Interactive lecturing - Group discussion & presentation - Assignment for submission, reading | | | |
| Teaching materials | - Projector - Handout - Figures | | | |
| Assessment summary | 1. Class participation = 10% 2. Group presentation =10% 3. Tests = 30% 4. Final exam = 50% | | | |
| Expectations | Students are expected to: - Participate actively in the class & in the group - Complete assignment & other activities on time - Read the respective contents before each class, etc | | | |
| Policy | Attendance: It is compulsory come to class on time and every time. If you are going to miss more than 25% of classes during the term, you should not take this course. Assignments: you must do your assignment on time. No late assignment will be accepted. Tests/Quizzes: you will have short quizzes and/ or tests almost at the end of 1 or 2 units. If you miss the class or, are late to class, you will miss the quiz or test. | | | |

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| | <p>No makeup tests or quizzes will be given. Cheating: you must do your own work and not copy and get answers from someone else.</p> <p>Also, please do not chew gum, eat, listen to records or CD players, wear sunglasses, or talk about personal problems. Please be sure to turn off pagers and cell phones before class and exam sessions.</p> |
| References | <ol style="list-style-type: none"> 1. Sandar F. Smith, Donna J. & Barbar C. martin, Clinical nursing skills Basic to advanced skills. (6thed); 2004 Juile Levin Alexander, USA 2. Rath F. Craven and J. Hirnle. Fundamental of nursing human health and function. (6thed); 2009 Lippincott Company USA. 3. Basic nursing art lecture note carter center |